

Month June 2018

Monday-Friday:

# Fernley Senior Center

Monday– Friday 8:00 - 4:30

Debby Stevens: Supervisor

**Menu**  
1170 W. Newlands Dr  
Fernley NV 89408  
775-575-3370

**\*\* Menu Subject to Change\*\***

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pint 2% Milk Served Daily 				1 <b>Brunch for Lunch!</b> <b>Spanish Omelet</b> Oatmeal Mixed Grain Bread LS Creamy Peanut Butter Orange <b>ADSD # 196</b>
4 <b>Herb/Garlic Chicken</b> Black Eyed Peas Squash Green Salad WW Bread Margarine Pears	5 <b>Beef Pot Pie</b> Green Beans w/ Mushrooms WW Roll Margarine Mixed Fruit Sherbet	6 <b>Southwest Penne and Chicken</b> Zucchini Salad Garlic Bread Citrus Delight <b>ADSD #169</b>	7 <b>Baked Fish</b> Coleslaw Stewed Tomatoes Tartar Sauce Rice Pilaf Pears <b>National Chocolate Ice Cream Day!</b>	8 <b>Dixieland Shortcake</b> Summer Squash Garden Salad FF Creamy Italian Dressing Banana <b>ADSD #98</b>
11 <b>Chili Dog on WW Bun</b> Cheese Onions Tater Tots 3-Bean Salad Watermelon	12 <b>Sweet and Sour Chicken</b> Onion/Carrots/Pineapple Rice Stir Fry Veggies Fresh Apple Fortune Cookie	13 <b>Father's Day Lunch!</b> <b>BBQ Pork Sandwich on WW Bun</b> Baked Beans Coleslaw Water melon OJ Cake and Ice Cream	14 <b>Meatloaf</b> Mashed Potatoes Steamed Spinach 100% WW bread Chantilly Fruit Cup <b>ADSD # 3</b>	15 <b>Clam Chowder</b> <b>Turkey Sandwich</b> Baby Carrots Spinach FF French Dressing Fresh Fruit Cup <b>ADSD #43</b>
18 <b>Minestrone Soup with Beans</b> Turkey Sandwich on WW Bread Lettuce and Tomato Salad LF Potato Chips Fresh Apple Slices	19 <b>Pepper Steak</b> Brown Rice Pilaf Layered Salad Bran Roll Smart Balance Unsalted Mixed Berry Cup <b>ADSD #135</b>	20 <b>Parmesan Garlic Tilapia Pasta with Fresh Squash and Peppers</b> Garlic Bread Spinach Orange Salad Fresh Melon	21 <b>Chicken Noodle Soup</b> French Bread Pizza Colorful Salad Yogurt Pop OJ <b>ADSD # 128</b>	22 <b>Brunch for Lunch!</b> <b>Quiche Lorraine with Spinach, LS Ham, Cheese</b> English Muffin Apple Butter Pears V8, OJ
25 <b>Macaroni and Cheese w/ LS Ham</b> Green Beans Veggie Salad LF Italian Dressing WW Roll Margarine Jell-O with Pears	26 <b>Lentil Soup</b> Chefs Salad Mandarin Orange Oatmeal Muffin Square <b>ADSD # 59</b>	27 <b>Turkey Wraps WW Tortilla</b> Spinach, Cucumbers, Bell Peppers Pickled Beets Peaches	28 <b>Crab Salad Boat on WW Bun</b> Broccoli Grape Salad Angel Food Cake Peaches Apple Juice	29 <b>Beef Patty on WW Bun</b> Baked Beans Sliced Tomato Lettuce Leaf Sliced Red Onion FF Mayo, LS Ketchup Cantaloupe Chunks Mixed Steamed Veggies <b>ADSD # 14</b>