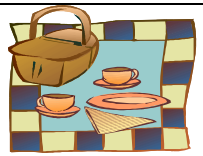
September 2011 DAYTON SENIOR CENTER ACTIVITIES

320 Old Dayton Valley Road(775) 246-6210

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
***This Calendar is subject to change without notice.**				**1** Resource Specialist 9:00 Bingo 12:30	**2** Breakfast 9:00 – 10:00 Resistance Exercise 10:00 – 11:00	
	5 **CLOSED LABOR DAY HOLIDAY**	**6** Bridge 12:30 Tai Chi 6:00	**7** Lucky Plate Day Resistance Exercise 10:00 – 11:00 Quilting/Knitting SHIP Medicare Counseling 10:00 Kiwanis 7:00 – 9:00	**8** Resource Specialist 9:00 Bingo 12:30	**9** Breakfast 9:00 – 10:00 Resistance Exercise 10:00 – 11:00	**10**
11	**12** Resistance Exercise 10:00 – 11:00 Bingo 12:30	**13** Bridge 12:30 Tai Chi 6:00	**14** Lucky Plate Day Resistance Exercise 10:00 – 11:00 Quilting/Knitting 12:30 Kiwanis 7:00 – 9:00	**15** Resource Specialist 9:00 Bingo 12:30	**16 Birthday Lunch 12:00** Resistance Exercise 10:00 – 11:00	**17**
18	**19** Resistance Exercise 10:00 – 11:00 Bingo 12:30 Lions Club 7:00 – 9:00	**20** Bridge 12:30 Chat w/ Senior Center Manager 10:30 – 11:30 Tai Chi 6:00	**21** Lucky Plate Day Resistance Exercise 10:00 – 11:00 Quilting/Knitting 12:30	**22** Resource Specialist 9:00 Bingo 12:30	**23** Breakfast 9:00 – 10:00 Resistance Exercise 10:00 – 11:00	**24**
25	**26** Resistance Exercise 10:00 – 11:00 Bingo 12:30	**27** Bridge 12:30 Tai Chi 6:00	**28** Lucky Plate Day Resistance Exercise 10:00 – 11:00 Quilting/Knitting 12:30 Kiwanis 7:00 – 9:00	**29** Bingo 12:30 Resource Specialist 9:00 VFW 5:30 pm – 9:00 pm	**30 CLOSED** **Lyon County Senior Picnic 10:00 – 2:00 Hosted by Fernley Senior Center**	

Hours of Operation:
8:00 am – 4:30 pm Monday-Thursday
Friday

Lunch Served 11:30 am – 12:30 pm
Breakfast Served 9:00 am – 10:00 am

$2.00 Suggested Donation