



Fernley Senior Center

105 Lois Lane Fernley, NV 89408

www.lyon-county.org

www.facebook.com/fernleyseniorcenter/

March Activities

2026

Activities Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chair Yoga 9:30am-10am</p> <p>Bingo 12:45pm - 3:30pm</p>	<p>3</p> <p>Knitting & Crochet Group 9:00am-11:00am</p> <p>Resistance Exercise 9:30am-10:30am</p> <p>Writing Group 1pm-3pm</p>	<p>4</p> <p>Chair Yoga 9:30am-10am</p> <p>Line Dancing 9:30am-10:30am</p> <p>Hand & Foot Card Group 9am-3pm (Drop in)</p> <p>Beading Class 1pm-3pm (1st & 3rd Wednesday)</p>	<p>5</p> <p>T.O.P.S. (Taking off Pounds Sensibly) 9am-11am</p> <p>Painting Group 9:30am-11am</p> <p>Resistance Exercise 9:30am-10:30am</p> <p>Quilting Group 10am-2:30pm</p> <p>Penny Bingo 12:45pm - 3:30pm</p> <p>Grief Support Group 3pm-4pm (1st Thursday)</p>	<p>6</p> <p>Chair Yoga 9:30am-10am</p> <p>Hand & Foot Card Group 9am-3pm (Drop in)</p> <p>Caregiver Support Group 10am - 11am</p> <p>Find Unclaimed Property (By appointment) 10-11:30am (1st Friday)</p> <p>Dance Lessons 1pm-2:15pm</p>
<p>9</p> <p>Chair Yoga 9:30am-10am</p> <p>Bingo 12:45pm - 3:30pm</p>	<p>10</p> <p>Knitting & Crochet Group 9:00am-11:00am</p> <p>Resistance Exercise 9:30am-10:30am</p> <p>Great Basin Quilters of Fernley 9:30am-3pm (2nd&4th Tuesday)</p> <p>Writing Group 1pm-3pm</p>	<p>11</p> <p>Chair Yoga 9:30am-10am</p> <p>Line Dancing 9:30am-10:30am</p> <p>Hand & Foot Card Group 9am-3pm (Drop in)</p>	<p>12</p> <p>T.O.P.S. (Taking off Pounds Sensibly) 9am-11am</p> <p>Painting Group 9:30am-11am</p> <p>Resistance Exercise 9:30am-10:30am</p> <p>Quilting Group 10am-2:30pm</p> <p>Penny Bingo 12:45pm - 3:30pm</p> <p>Shopping Trip - Leaves between 1:30pm-2pm (2nd & 4th Thursday)</p>	<p>13</p> <p>Chair Yoga 9:30am-10am</p> <p>Hand & Foot Card Group 9am-3pm (Drop in)</p> <p>Caregiver Support Group 10am - 11am</p> <p>Dance Lessons 1pm-2:15pm</p>
<p>16</p> <p>Chair Yoga 9:30am-10am</p> <p>Bingo 12:45pm - 3:30pm</p>	<p>17</p> <p>Knitting & Crochet Group 9:00am-11:00am</p> <p>Resistance Exercise 9:30am-10:30am</p> <p>Writing Group 1pm-3pm</p>	<p>18</p> <p>Chair Yoga 9:30am-10am</p> <p>Line Dancing 9:30am-10:30am</p> <p>Hand & Foot Card Group 9am-3pm (Drop in)</p> <p>Beading Class 1pm-3pm (1st & 3rd Wednesday)</p>	<p>19</p> <p>T.O.P.S. (Taking off Pounds Sensibly) 9am-11am</p> <p>Painting Group 9:30am-11am</p> <p>Resistance Exercise 9:30am-10:30am</p> <p>Quilting Group 10am-2:30pm</p> <p>Penny Bingo 12:45pm - 3:30pm</p>	<p>20</p> <p>Chair Yoga 9:30am-10am</p> <p>Hand & Foot Card Group 9am-3pm (Drop in)</p> <p>Caregiver Support Group 10am - 11am</p> <p>Dance Lessons 1pm-2:15pm</p>
<p>23</p> <p>Chair Yoga 9:30am-10am</p> <p>Bingo 12:45pm - 3:30pm</p>	<p>24</p> <p>Knitting & Crochet Group 9:00am-11:00am</p> <p>Resistance Exercise 9:30am-10:30am</p> <p>Great Basin Quilters of Fernley 9:30am-3pm (2nd&4th Tuesday)</p> <p>Writing Group 1pm-3pm</p>	<p>25</p> <p>Chair Yoga 9:30am-10am</p> <p>Line Dancing 9:30am-10:30am</p> <p>Hand & Foot Card Group 9am-3pm (Drop in)</p>	<p>26</p> <p>T.O.P.S. (Taking off Pounds Sensibly) 9am-11am</p> <p>Painting Group 9:30am-11am</p> <p>Resistance Exercise 9:30am-10:30am</p> <p>Quilting Group 10am-2:30pm</p> <p>Penny Bingo 12:45pm - 3:30pm</p> <p>Shopping Trip - Leaves between 1:30pm-2pm (2nd & 4th Thursday)</p>	<p>27</p> <p>Chair Yoga 9:30am-10am</p> <p>Hand & Foot Card Group 9am-3pm (Drop in)</p> <p>Caregiver Support Group 10am - 11am</p> <p>Dance Lessons 1pm-2:15pm</p>
<p>30</p> <p>Chair Yoga 9:30am-10am</p> <p>Bingo 12:45pm - 3:30pm</p>	<p>31</p> <p>Knitting & Crochet Group 9:00am-11:00am</p> <p>Resistance Exercise 9:30am-10:30am</p> <p>Writing Group 1pm-3pm</p>			