

# Fernley Senior Center

October 2019

Monday - Friday  
8:00 a.m. - 4:30 p.m.

Debby Stevens, Supervisor  
www.lyon-county.org

Activities

1170 W. Newlands Dr.  
Fernley, NV 89408  
775-575-3370

## Regular Weekly Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday Afternoon Game Time 1:00 pm</b>	<b>Exercise 9:30 Cards 1:00</b>	<b>Line Dancing 9:30 Poker 1:00</b>	<b>Exercise 9:30 Game Time 1:00 Writing Group 1:00</b>	<b>Cards 1:00 Poker 1:00</b>

## Special Events and Activities

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Make and Take Quilling Class 1:00 pm  Shopping Wal Mart	2 Chair Yoga 9:30 am  Jewelry Class 1:00 pm	3  Find us on: <b>facebook®</b>	4 Chair Yoga 9:30 am
7 Chair Yoga 9:30 am	8 Make and Take Quilling Class 1:00 pm	9 Chair Yoga 9:30 am Thrift Store \$3.00 Bag Sale 10:00 am—2:00 pm	10 Square Dancing Class for Beginners! 6:30 pm—8:30 pm	11 Drop in Rock Painting 9 am — 3 pm Stop by and Paint a Rock!  Chair Yoga 9:30 am
14 Chair Yoga 9:30 am  Party Planning Meeting 10:00am	15 Make and Take Quilling Class 1:00 pm  Shopping Wal Mart	16 Chair Yoga 9:30 am Jewelry Class 1:00 pm	17 Square Dancing Class for Beginners! 6:30 pm—8:30 pm	18 Chair Yoga 9:30 am
21 Chair Yoga 9:30 am Grieving and learning to thrive in grief group 12:30 pm Open to all ages	22 Dinner and Movie Night 5:00 pm—7:00 pm Showing "A Dog's Journey"	23 Chair Yoga 9:30 am	24 Commodities 12 Noon Parking Lot  Square Dancing Class for Beginners! 6:30 pm—8:30 pm	25 Center Closed for Nevada Day
28 Chair Yoga 9:30 am  Cooking Class 4:00 pm Eating on a Budget	29 	30 Chair Yoga 9:30 am	31 Halloween Party and Over 80's Birthday Party 11 am Wear Costumes!  Square Dancing Class for Beginners! 6:30 pm—8:30 pm	