

Month October 2020

Fernley Senior Center

Menu

Monday-Friday:
Lunch 11:30-12:30

Monday– Friday 8:00 - 4:30
Supervisor: Stephanie Wolf
www.lyon-county.org

1170 W. Newlands Dr.
Fernley, NV 89408
775-575-3370



** Menu Subject to Change**



Monday	Tuesday	Wednesday	Thursday	Friday
<p>5 BBQ Beef Sandwich WW Bun Baked Beans Baby Carrots Pears Sherbet</p>	<p>6 Chicken Pasta Primavera Green Salad Italian Dressing Garlic Bread Citrus Delight ADSD #32</p>	<p>7 Beef Stew w/ WW Noodles Garden Salad French Dressing Mixed Berry Cup ADSD #16</p>	<p>1 Beef Stroganoff & Noodles Baked Acorn Squash Orange Spinach Salad Plums ADSD #108</p>	<p>2 Herb Baked Chicken Aztec Grain Salad Steamed Spinach Cooked Carrots Mixed Berry Cup ADSD #78</p>
<p>12 Beef Stir Fry Steamed Brown Rice Beet Salad Mandarin Oranges ADSD # 23</p>	<p>13 Breaded Fish Square on WW Bun 3-Bean Salad Tater Tots Tartar Sauce Pears Apple Juice</p>	<p>14 Split Pea Soup Turkey Sandwich on WW Bread Cheese, Lettuce, Tomato, Red Onion Baked Potato Chips Baby Carrots Orange Juice Cookie</p>	<p>8 Chicken Enchilada Casserole Refried Beans Sour Cream and Salsa Fiesta Coleslaw with Cilantro Lime Dressing Pineapple</p>	<p>9 Cajun Shrimp, Sausage & Rice Skillet w/ Zuc- chini, yellow squash, & Bell Pepper Mixed Green Salad Pears</p>
<p>19 Beef Nachos w/ Re- fried Beans, Tomatoes, Onions, Sour Cream, and Salsa Green Salad Dressing Jell-O with Mandarin Oranges</p>	<p>20 Chicken and Dumplings Green Peas Carrot Raisin Salad WW LS Crackers Grapefruit Sections ADSD # 102</p>	<p>21 Beef Chili Cornbread Green Salad Dressing Peach Cobbler</p>	<p>15 Meatloaf Mashed Potatoes Gravy Mixed Vegetable Creamed Corn Muffins Honey Peaches</p>	<p>16 Seasoned Chicken Nuggets Green Beans with Mushrooms Mashed Sweet Potatoes Tossed Salad FF Creamy Italian Dressing Mixed Berry Cup ADSD # 166</p>
<p>26 Turkey Bean Burrito Spanish Rice Seasoned Zucchini Apricot Halves ADSD # 48</p>	<p>27 Lemon Baked Fish Cracked Wheat Bread Peas Rice Tossed Salad Creamy Italian Dressing Grapes ADSD # 161</p>	<p>28 Beakfast Served from 9:00-10:00 Egg and Cheese Breakfast Burrito Peaches Raisins V8</p>	<p>22 Baked Fish Scandia Brown Rice WW Roll Colorful Salad French Dressing Mixed Veggies Tropical Fruit Cup ADSD #112</p>	<p>23 Pork Tenderloin Mashed Potatoes Gravy Brussels Sprouts WW Bread Margarine Applesauce</p>
<p>29 Beakfast Served from 9:00-10:00 French Toast Sticks w/ Syrup Bacon Eggs Banana V8 Last Day at Current Building. Lunch Served Monday 11/2 at _____</p>	<p>30 Senior Center Closed</p>			