

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| | | | <p align="center">1</p> <p>TOPS <i>(Taking off Pounds Sensibly)</i> 9:00-11:00am</p> <p>Resistance Exercise 9:30am</p> <p>Painting Group 9:30-11:30am</p> <p>Quilting Group 10am-2:30pm</p> <p>Penny Bingo 12:30pm</p> | <p align="center">2</p> <p>Chair Yoga 9:30am</p> <p>Hand & Foot Card Group 9:00am-3:30pm</p> <p>Movie Time 12:30pm</p> |
| <p align="center">5</p> <p>Chair Yoga 9:30am</p> <p>Knitting/Crochet Class 9:30am</p> <p>Hand & Foot Card Group 9:00-3pm <i>(Drop in all Day)</i></p> <p>Bingo 12:30pm</p> | <p align="center">6</p> <p>Produce on Wheels 9am</p> <p>Resistance Exercise 9:30am</p> <p>Painting Group 9:30am-11:30am</p> <p>Great Basin Quilters of Fernley 9am-3pm</p> | <p align="center">7</p> <p>Chair Yoga 9:30am</p> <p>Line Dancing 9:30am</p> <p>Knitting/Crochet Class 9:30am</p> <p>Social Sewers 9:30-2:30pm</p> <p>Hand & Foot Card Group 9:00am-3:00pm</p> | <p align="center">8</p> <p>TOPS <i>(Taking off Pounds Sensibly)</i> 9:00-11:00am</p> <p>Resistance Exercise 9:30am</p> <p>Painting Group 9:30-11:30am</p> <p>Quilting Group 10am-2:30pm</p> <p>Penny Bingo 12:30pm</p> | <p align="center">9</p> <p>Chair Yoga 9:30am</p> <p>Hand & Foot Card Group 9:00am-3:30pm</p> <p>Movie Time 12:30pm</p> <p>Vision Support Group 10-11:30am</p> |
| <p align="center">12</p> <p>Chair Yoga 9:30am</p> <p>Knitting/Crochet Class 9:30am</p> <p>Hand & Foot Card Group 9:00-3pm <i>(Drop in all Day)</i></p> <p>Bingo 12:30pm</p> | <p align="center">13</p> <p>Resistance Exercise 9:30am</p> <p>Painting Group 9:30am-11:30am</p> <p>Great Basin Quilters of Fernley 9am-3pm</p> <p>Java Music Club 12:30-2pm</p> | <p align="center">14</p> <p>Chair Yoga 9:30am</p> <p>Line Dancing 9:30am</p> <p>Knitting/Crochet Class 9:30am</p> <p>Social Sewers 9:30-2:30pm</p> <p>Hand & Foot Card Group 9:00am-3:00pm</p> <p>Beading Class 1:00-3:00pm</p> <p>Grief Support Group 1pm</p> | <p align="center">15</p> <p align="center">**Health & Wellness Fair 9am-1pm**</p> <p>TOPS <i>(Taking off Pounds Sensibly)</i> 9:00-11:00am</p> <p>Resistance Exercise 9:30am</p> <p>Painting Group 9:30-11:30am</p> <p>Quilting Group 10am-2:30pm</p> <p>Penny Bingo 12:30pm</p> | <p align="center">16</p> <p>Chair Yoga 9:30am</p> <p>Hand & Foot Card Group 9:00am-3:30pm</p> <p>Movie Time 12:30pm</p> |
| <p align="center">19</p> <p align="center">CENTER CLOSED- JUNETEENTH</p> | <p align="center">20</p> <p>Produce on Wheels 9am</p> <p>Resistance Exercise 9:30am</p> <p>Painting Group 9:30am-11:30am</p> <p>Great Basin Quilters of Fernley 9am-3pm</p> | <p align="center">21</p> <p>Chair Yoga 9:30am</p> <p>Line Dancing 9:30am</p> <p>Knitting/Crochet Class 9:30am</p> <p>Social Sewers 9:30-2:30pm</p> <p>Hand & Foot Card Group 9:00am-3:00pm</p> | <p align="center">22</p> <p>Commodities 9am</p> <p>TOPS <i>(Taking off Pounds Sensibly)</i> 9:00-11:00am</p> <p>Resistance Exercise 9:30am</p> <p>Painting Group 9:30-11:30am</p> <p>Quilting Group 10am-2:30pm</p> <p>Penny Bingo 12:30pm</p> | <p align="center">23</p> <p>Chair Yoga 9:30am</p> <p>Hand & Foot Card Group 9:00am-3:30pm</p> <p>Movie Time 12:30pm</p> |
| <p align="center">26</p> <p>Chair Yoga 9:30am</p> <p>Knitting/Crochet Class 9:30am</p> <p>Hand & Foot Card Group 9:00-3pm <i>(Drop in all Day)</i></p> <p>Bingo 12:30pm</p> | <p align="center">27</p> <p>Resistance Exercise 9:30am</p> <p>Painting Group 9:30am-11:30am</p> <p>Great Basin Quilters of Fernley 9am-3pm</p> | <p align="center">28</p> <p>Chair Yoga 9:30am</p> <p>Line Dancing 9:30am</p> <p>Knitting/Crochet Class 9:30am</p> <p>Social Sewers 9:30-2:30pm</p> <p>Hand & Foot Card Group 9:00am-3:00pm</p> <p>Singing Group 12:30-1:30pm</p> | <p align="center">29</p> <p>TOPS <i>(Taking off Pounds Sensibly)</i> 9:00-11:00am</p> <p>Resistance Exercise 9:30am</p> <p>Painting Group 9:30-11:30am</p> <p>Quilting Group 10am-2:30pm</p> <p>Penny Bingo 12:30pm</p> | <p align="center">30</p> <p>Chair Yoga 9:30am</p> <p>Hand & Foot Card Group 9:00am-3:30pm</p> <p>Movie Time 12:30pm</p> |