Fernley Senior Center

Monday– Friday 9:00 - 4:30
Supervisor: Jennifer Apgar
105 Lois Lane Fernley, NV 89408
(775)575-3370 opt. 1
www.lyon-county.org

Menu March 2026

Monday-Friday:

Lunch 11:30-12:30

Menu Subject to Change

1/2 Pint Milk Served Daily

Age 60+ : $2 Suggested Donation

Under 60 : $7 Fee

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Chicken Patty** -WW Bun -Lettuce/Mayo -Four Bean Salad -Peas & Carrots -Diced Pears	**3** **Beef Vegetable Soup** -WW Roll -Tuna Macaroni Salad -Tropical Fruit Cup ADSD#19	**4** **Sheet Pan Hawaiian Chicken** -Baked Beans -Broccoli -Peaches -100% Juice	**5** **Parmesan Garlic Fish** -WW Pesto Penne -WW Bread -Coleslaw -Applesauce -100% Juice	**6** **Creamed Beef** -WW Bun -Herbed Vegetable Medley -Baked Potato -Pineapple ADSD#107
9 **SW BBQ Chicken Burger on WW Bun** -Baked Beans -Carrots -Pineapple ADSD#150	**10** **Zuppa Toscana Soup** -Garlic Bread -Green Salad -Italian Drsg. -Peaches -100% Juice	**11** **Chicken w/Sherry Mushroom Sauce** -WW Roll -White Bean & Veggie Salad -Banana -100% Juice	**12** **Lemon Baked Fish II** -Cracked Wheat Bread -Brown Rice -Peas -Tossed Salad -Creamy Italian Drsg. -Grapes ADSD #161	**13** ****<u>Birthday Lunch</u>**** **Veggie Stuffed Portobello Mushrooms** *(Panko, Mozzarella, Green Onions, Tomatoes, Spinach, Bell Peppers)* -Rice Pilaf -WW Roll -Four Bean Salad -100% Juice -Triple Chocolate Cake
16 **Cheeseburger on WW Bun** -Texas Ranchero Beans -Mixed Veggies -Fruit Cocktail -100% Juice	**17** **Corned Beef** -Irish Champ *(Mashed Potatoes & Green Onions)* -Gravy -Roasted Carrots -Sliced Apples -100% Juice -Pistachio Delight	**18** **Chicken Parmesan** -Green Beans -Tossed Salad -SF Italian Dressing -Pineapple Chunks ADSD #184	**19** **Shrimp Scampi Bake** -WW Penne Pasta -Biscuit -Lima Beans -Cauliflower - Peaches	**20** **Turkey Chili** -Cornbread -Mixed Green Salad -LSLF Italian Dressing -Ambrosia ADSD #13
23 **Beef Ravioli w/ Marinara** -9 Grain Bread -Broccoli -Diced Pears -100% Juice	**24** **Mediterranean Beef Skillet** *(Beef, WW Pasta, Tomatoes, Spinach, Black Olives & Feta Cheese)* -Black Bean & Corn Salad -Fruit Cocktail	**25** **Arroz Con Pollo** (Chicken with Rice) -Mixed Veggies -Spinach Salad -Mixed Berry Cup -7 Grain Bread ADSD # 154	**26** **Baked Fish Fillet** -French Baked Potatoes -Garden Salad -Balsamic Vinaigrette -Creamy Coleslaw -Strawberries ADSD#6	**27** **Meatloaf** -Mashed Potatoes -Brown Gravy -WW Roll -Peas -Carrots -100% Juice
30 **Salisbury Steak** -Mashed Potatoes -Brown Gravy -Peas -Applesauce -100% Juice	31 **Burger Stew** -Brown Rice -Broccoli -Cornbread -Tropical Fruit Cup ADSD#143			**When available, Smart Balance will be served with bread/rolls** **Condiments provided if available**