

Month August 2020

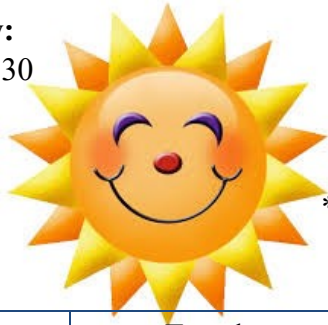
Fernley Senior Center

Menu

Monday-Friday:
Lunch 11:30-12:30

Monday– Friday 8:00 - 4:30
Supervisor: Stephanie Wolf
www.lyon-county.org

1170 W. Newlands Dr.
Fernley, NV 89408
775-575-3370



** Menu Subject to Change**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Meatball Sandwich w/ Mozzarella on French Roll Green Beans with Stewed Tomatoes Potato Wedges Cottage Cheese Pineapple</p>	<p>4 Baked Fish Coleslaw Stewed Tomatoes WW Bread Margarine Banana Peach Cobbler</p>	<p>5 Thin and Crispy Pizza Chef Salad GFY Dressing Broccoli Mixed Berry Cup ADSD #148</p>	<p>6 Vegetable Soup w/Beans Chicken Salad Sandwich On WW Bread Green Salad Dressing Mixed Fruit</p>	<p>7 Chili Cheese Baked Potato Steamed Carrots WW Banana Muffin FF Blueberry Yogurt Orange Banana Juice ADSD #37</p>
<p>10 Meatloaf Mashed Potatoes Gravy Green Beans WW Roll Margarine Peaches</p>	<p>11 Turkey and Swiss Pesto Wrap w/ Lettuce, Tomato, & Onion Corn Potato Chowder 3 Bean Salad Strawberries</p>	<p>12 Southwest BBQ Chicken Burger Baked Beans Carrot Sticks Pineapple Chunks ADSD # 150</p>	<p>13 Pesto Chicken Florentine w/ Penne Pasta Tossed Salad Creamy Italian Dressing Fresh Strawberries 7 Grain Bread Smart Balance Unsalted ADSD #182</p>	<p>14 Tuna Fish Casserole Colorful Salad FFLS Dressing Mango Cubes WW Bread Smart Balance ADSD # 177</p>
<p>17 Beef Vegetable Soup Tuna Macaroni Salad WW Roll Tropical Fruit Cup ADSD #19</p>	<p>18 Cilantro Lime Chicken Soft Taco Fiesta Rice Refried Beans Salsa and Sour Cream Green Salad LF Ranch Dressing Pineapple</p>	<p>19 Summer Chicken Berry Salad Raspberry Vinaigrette WW Roll Margarine Melon Cup</p>	<p>20 Split Pea Soup Ham and Swiss Sandwich on WW Bread Lettuce and Tomato Salad Tater Tots Mandarin Oranges</p>	<p>21 Sloppy Joe Peas and Carrots Spinach Apple Crisp ADSD #70</p>
<p>24 Chicken Fried Steak Mashed Potatoes Gravy Capri Blend Vegetable WW Bread Margarine Apricots OJ</p>	<p>25 Minestrone Soup Grilled Cheese Sandwich Sliced Tomato Chopped Romaine LF LS French Dressing Fresh Kiwi ADSD # 36</p>	<p>26 Crab Pasta Salad with Peas, Bell Peppers, and Olives on a bed of lettuce Tomato, Cucumber, Onion Salad WW Crackers V-8, OJ</p>	<p>27 BBQ Pork Ribs Scalloped Potatoes Mustard Greens WW Bread Spiced Applesauce ADSD #105</p>	<p>28 Grilled Chicken Tostadas w/Refried Beans, Cheese, Sour Cream, Salsa Black Bean and Corn Salad Mixed Fresh Fruit Cup Cranberry Juice</p>
<p>31 Baked Fish California Blend Vegetables Coleslaw WW Roll Margarine Tartar Sauce Peaches</p>				