

Month: October 2019

Fernley Senior Center

Menu

Monday-Friday:
Lunch 11:30-12:30

Monday – Friday 8:00 am- 4:30 pm

Manager: Debby Stevens

dstevens@lyon-county.org

1170 W. Newlands Dr.

Fernley NV 89408

775-575-3370

**** Menu Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Brunch for Lunch Scrambled Eggs w/ Bell Peppers & Onions LS Bacon Hash Brown WW English Muffin Apple Butter OJ, V-8	2 Creamed Chicken on a Biscuit Peas and Carrots Green Salad Dressing Peaches Cranberry Juice	3 Turkey Chili Cornbread Mixed Green Salad LSLF Italian Dressing Ambrosia ADSD # 13	4 Lemon Baked Fish Buttered New Potatoes Seasoned Zucchini Garden Salad FF French Dressing WW Roll Cantaloupe Chunks ADSD # 26
7 Open Faced Hot Beef Sandwich WW Bread Mashed Potatoes Gravy Carrots Pears Sherbet	8 Grilled Hamburger Mixed Grain Bun LS Ketchup FF Mayo Lettuce Tomato Salad Baked Beans Grapefruit Orange Sections ADSD # 136	9 Chicken Enchilada Casserole Refried Beans Sour Cream and Salsa Fiesta Coleslaw with Cilantro Lime Dressing Pineapple	10 Pork Tenderloin Mashed Potatoes Gravy Brussels Sprouts WW Bread Margarine Applesauce	11 Turkey Bean Soup Tuna Salad Sandwich Lettuce/Tomato Salad LS Italian Dressing Cantaloupe Chunks ADSD # 75
14 Beef Stir Fry Steamed Brown Rice Beet Salad Mandarin Oranges ADSD # 23	15 Breaded Fish Square on WW Bun 3-Bean Salad Tater Tots Tartar Sauce Pears Apple Juice	16 Split Pea Soup Turkey Sandwich on WW Bread Cheese, Lettuce, Tomato, Red Onion Baked Potato Chips Baby Carrots Orange Juice Cookie	17 Meatloaf Mashed Potatoes Gravy Mixed Vegetable Creamed Corn Muffins Honey Peaches	18 Seasoned Chicken Nuggets Green Beans with Mushrooms Mashed Sweet Potatoes Tossed Salad FF Creamy Italian Dressing Mixed Berry Cup ADSD # 166
21 Beef Nachos w/ Refried Beans Tomatoes, Onions, Sour Cream, and Salsa Green Salad Dressing Jell-O with Mandarin Oranges	22 Chicken and Dumplings Green Peas Carrot Raisin Salad WW LS Crackers Grapefruit Sections ADSD # 102	23 Sloppy Joe on WW Bun Zucchini Potato Wedges Mixed Fruit Cookies	24 Lentil Soup Tuna Salad Sandwich on Sandwich Thin Carrots Spiced Applesauce ADSD # 90	25 Center Closed For Nevada Day 
28 Turkey Bean Burrito Spanish Rice Seasoned Zucchini Apricot Halves ADSD # 48	29 Lemon Baked Fish Cracked Wheat Bread Peas Rice Tossed Salad Creamy Italian Dressing Grapes ADSD # 161	30 Vegetable Soup with Beans LS Ham and Swiss Sandwich on WW Bread LS Chips Garden Salad Dressing Peaches	31 Halloween Spaghetti/ Meat Sauce Green Beans w/ Mushrooms Spinach Salad Garlic Bread Pears w/ Jell-O	1 Pint Milk Served Daily 