

Fernley Senior Center

Month February 2019

Monday-Friday:

Lunch 11:30-12:30

Monday– Friday 8:00 - 4:30

Manger: Debby Stevens

www.lyon-county.org


Menu

1170 W. Newlands Dr.

Fernley NV 89408

775-575-3370

** Menu Subject to Change**

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Pulled Pork on WW Bun Coleslaw Baked Beans Potato Salad Fresh Apple Cake Ice Cream
4 Brunch for Lunch Scrambled Eggs Skillet with Ground Pork, Cheese, Potatoes Biscuit Apple Butter Fresh Orange V-8 OJ	5 Caribbean Chicken Aztec Rice Orange Spinach Salad Bean Combo Baked Apple with Raisin Nut Filling ADSD # 118	6 Beef Tacos Ranch Style Beans Mexicorn Tropical Fruit Cup ADSD # 55	7 Baked Potato Soup Crab Salad WW Crackers Garden Salad LS Italian Dressing Cantaloupe	8 LS Glazed Ham Black Eyed Peas Spinach WW Roll Margarine Banana OJ
11 BBQ Chicken Baked Beans Winter Mix Vegetables WW Roll Margarine Apricots	12 Chicken Parmesan Tossed Salad SF Italian Dressing Pineapple Chunks Green Beans ADSD # 184	13 Sweet & Sour Pork Fried Rice Broccoli Pineapple Fresh Chopped Spinach FF French Dressing	14 Valentine Day Roasted Pork Mashed Potatoes Gravy Green Beans with Mushrooms & Almonds WW Roll Margarine Tangerine Cake and Ice Cream	15 Minestrone Soup Tuna Salad WW Pita ADSD # 8
18 Closed for Presidents Day	19 Dijon Herb Chicken Lima Beans Garden Salad FF Ranch Dressing WW Roll Apple Butter Pears	20 Baked Fish Filet Creamy Coleslaw French Baked Potatoes Garden Salad Balsamic Vinaigrette Strawberries ADSD # 6	21 Chicken Noodle Casserole Zucchini and Tomatoes Cornbread Smart Balance Unsalted Fresh Plum ADSD # 170	22 Creamy Tomato Soup Ham and Swiss on WW Bread Carrot and Pea Salad LF Baked Chips Peaches
25 Minestrone Soup Grilled Cheese Sandwich Sliced Tomato Chopped Romaine LFLS French Dressing Fresh Kiwi ADSD # 36	26 Chili Dog with Chili Beans Cheddar Cheese/ Onions Mixed Veggies Tater Tots Pears Apple Juice	27 Fish Sandwich with Cheese on WW Bun Lettuce Tomatoes Onions Cauliflower Tater Tots Tartar Sauce Applesauce	28 Baked Meatloaf Mashed Potatoes Steamed Spinach 100% WW Bread Chantilly Fruit Cup ADSD # 3	1/2 Pint 2% Milk Served Daily 