

Month: August 2019

Fernley Senior Center

Menu

Monday-Friday:

Monday – Friday 8:00 am- 4:30 pm

Manager: Debby Stevens

1170 W. Newlands Dr.

Fernley NV 89408

775-575-3370

**** Menu Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
	1/2 Pint 2 % Milk Served Daily		1 Italian Beef Bake Peas and Carrots Spinach Salad FF Frozen Van. Strawberry Yogurt ADSD # 152	2 Baked Fish Capri Blend Vegetable Coleslaw Seasoned Lima Beans WW Roll Margarine Tartar Sauce Pears
5 BBQ Chicken Baked Acorn Squash Cucumbers in Sour Cream Biscuit Honey Chantilly Fruit Cup ADSD #72	6 Vegetable Soup w/Beans Chicken Salad Sand- wich On WW Bread Green Salad Dressing Mixed Fruit	7 Chili Cheese Baked Potato Steamed Carrots WW Banana Muffin FF Blueberry Yogurt Orange Banana Juice ADSD #37	8 Baked Fish Coleslaw Stewed Tomatoes WW Bread Margarine Banana Apple Crisp	9 Center Closed for Staff Training
12 Pesto Chicken Florentine w/ Penne Pasta Tossed Salad Creamy Italian Dressing Fresh Strawberries 7 Grain Bread Smart Balance Unsalted ADSD #182	13 Tangy Meatballs Zucchini Rice Pilaf Green Salad Italian Dressing WW Bread Margarine Apple/Orange Cup Cookie	14 BBQ Chicken Burger Baked Beans Lentil Salad W/ Carrots/ Tomatoes and Bell Peppers Pineapple Chunks ADSD # 150	15 Meatloaf Mashed Potatoes Gravy Green Beans WW Roll Margarine Peaches	16 Tuna Fish Casserole Colorful Salad FFLS Dressing Mango Cubes WW Bread Smart Balance ADSD # 177
19 Cilantro Lime Chicken Soft Taco Fiesta Rice Refried Beans Salsa and Sour Cream Green Salad LF Ranch Dressing Pineapple	20 Baked Fish Fillet Creamy Coleslaw French Baked Potato Garden Salad Balsamic Vinaigrette Strawberries ADSD # 6	21 Burger Stew Brown Rice Steamed Broccoli Cornbread Tropical Fruit Cup ADSD # 143	22 Split Pea Soup Ham and Swiss Sandwich on WW Bread Lettuce and Tomato Salad Tater Tots Mandarin Oranges	23 Sloppy Joe on WW Bun Tater Tots Zucchini Pears W Jell-O Cookies
26 Chicken Fried Steak Mashed Potatoes Gravy Capri Blend Vegetable WW Bread Margarine Apricots OJ	27 Fried Rice with Almonds Mini Chicken Egg Roll Orange Spinach Salad Cranberry Apple Dessert ADSD # 172	28 Grilled Chicken Tostadas w/Refried Beans, Cheese, Sour Cream, Salsa Black Bean and Corn Salad Mixed Fresh Fruit Cup Cranberry Juice	29 Minestrone Soup Grilled Cheese Sandwich Sliced Tomato Chopped Romaine LF LS French Dressing Fresh Kiwi ADSD # 36	30 Crab Pasta Salad with Peas, Bell Peppers, and Olives on a bed of lettuce Tomato, Cucumber, Onion Salad WW Crackers V-8, OJ