



Fernley Senior Center

Menu January 2021

Monday– Friday 8:00 - 4:30
 Supervisor: Stephanie Wolf
 105 Lois Ln Fernley NV 89408
 775-575-3370
 www.lyon-county.org



Monday-Friday:

Lunch 11:30-12:30

** Menu Subject to Change**

s	Tuesday	Wednesday	Thursday	Friday
				1 Senior Center Closed
4 Black Bean Soup Chicken Salad Sandwich Cucumbers in Sour Cream Tropical Fruit Cup ADSD #35	5 Chile Relleno Bake with Ground Beef and Cheese Refried Beans Garden Salad Dressing Mixed Fruit OJ	6 Hot Turkey Sandwich Peas and Carrots Tomatoes Vinaigrette Oatmeal Raisin Cookie Orange ADSD #167	7 Shepherd's Pie Fresh Spinach LS Italian Dressing Apricot Bran Muffin Banana ADSD #29	8 Crab Cake Almost Benedict (Eggs are Cooked) Hash Brown Melon Cup V8/OJ
11 Roast Pork Tenderloin Potato Salad Honey Dijon Veggies Spring Salad Tangy Yogurt Dressing Tropical Fruit Cup Simmered Beans w/ Bacon ADSD #149	12 Meatball Sandwich w/ Mozzarella and Bell Peppers on French Roll Green Beans w/ Stewed Tomatoes Potato Wedges Cottage Cheese Pineapple	13 Chicken w/ Mushroom Sauce Stuffing Mixed Veggies WW Roll Margarine Ambrosia	14 Sloppy Joe on WW Bun Baked Beans Baby Carrots Fruit Cocktail in Juice ADSD #34	15 Tuna Melt on Sourdough Baby Carrots Garden Salad Dressing FF Potato Chips Mandarin Oranges
18 Senior Center Closed Martin Luther King Day	19 Turkey Chili Mixed Green Salad LSLF Italian Dressing Cornbread Ambrosia ADSD # 13	20 Corn Dog Casserole Baked Beans Creamy Coleslaw Cooked Carrots Orange Juice Cookie	21 Beef Vegetable Soup Tuna Macaroni Salad WW Roll Tropical Fruit Cup ADSD # 19	22 Senior Center Closed
25 Cream of Potato Soup Baked Cod Cajun Style Mixed Vegetables Creamed Corn Muffins Fruit Cocktail ADSD #181	26 Meatloaf Mashed Potatoes Gravy Green Beans WW Roll Margarine Peaches	27 Lasagna Chopped Spinach LSLF Italian Dressing Garlic Bread Fresh Orange ADSD # 46	28 BBQ Pork Rib Patty on a WW Bun Baked Beans Cabbage and Carrots Banana Pudding	29 Tomato Soup Turkey and Swiss Sandwich on WW Bread Broccoli Salad FF Potato Chips Mandarin Oranges