Dayton Senior Center

Monday– Friday 9:00 - 4:30
Supervisor: Jessica Button
320 Old Dayton Valley Rd
Phone: (775)246-6210
jbutton@lyon-county.org

Menu March 2026

Monday-Friday:

Lunch 11:30-12:30

Menu Subject to Change

1/2 Pint Milk Served Daily

Age 60+ : $2 Suggested Donation

Under 60 : $7 Fee

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Hotdog on WW Bun** -Ketchup/Mustard/ Relish -Baked Beans -Steamed Carrots -Fruit of the Day -100% Juice	3 **Beef Vegetable Soup** -WW Roll -Tuna Macaroni Salad -Tropical Fruit Cup ADSD#19	4 **Parmesan Garlic Fish** -WW Penne -WW Bread -Coleslaw -Fruit of the Day -100% Juice	5 **Sheet Pan Hawaiian Chicken** -Baked Beans -Broccoli -Fruit of the Day -100% Juice	6 **Creamed Beef** -Herbed Vegetable Medley -Baked Potato -WW Bun -Pineapple ADSD#107
9 **Cheeseburger on WW Bun** Mixed Veggies -Garbanzo Salad -Thousand Island Dressing -Fruit of the Day -100% Juice	10 **Italian Wedding Soup** (Ground Turkey, veggies, cheese tortellini) -WW Roll -Four Bean Salad -Fruit of the Day -100% Juice	11 **Salisbury Steak** -Mashed Potatoes -Gravy -Green Beans -Fruit of the Day -100% Juice	12 **Chicken w/Sherry Mushroom Sauce** -WW Roll -White Bean & Veggie Salad (1 cup) -Fruit of the Day -100% Juice	13 **Lemon Baked Fish** -Tomato Soup -Peas & Carrots -Spiced Applesauce -Honey Wheat Bread -Jam -Ginger Cookies ADSD#140
16 **Chicken Patty** -WW Bun -Lettuce/Mayo -Four Bean Salad -Peas & Carrots -Diced Pears	17 **Corned Beef** -Irish Champ (Mashed Potatoes & Green Onions) -Gravy -Roasted Carrots -Fruit of the Day -100% Juice -Dessert 	18 **Turkey Chili** -Cornbread -Mixed Green Salad -LSLF Italian Dressing -Ambrosia ADSD#13	19 **Chicken Parmesan** Green Beans Tossed Salad SF Italian Dressing Pineapple Chunks ADSD#184	20 **BBQ Pork Sandwich** -WW Bun - Carrots -Coleslaw - Cottage Cheese & Fruit
23 **Beef Ravioli w/ Marinara** -WW Pasta -Broccoli -Fruit of the Day -100% Juice	24 **Seasoned Chicken Nuggets** -Green Beans with Mushrooms -Mashed Sweet Potatoes -Tossed Salad -Creamy Italian Dressing -Mixed Berry Cup ADSD#166	25 **Honey Walnut Shrimp** -Brown Rice -Green Beans -Mandarin Orange Salad (mandarin, pomegranate, walnuts, goat cheese & mandarin vinaigrette) -100% Juice	26 **SW BBQ Chicken Burger** -Baked Beans -Carrots -Pineapple ADSD#150	27 **Mediterranean Beef Skillet** (Beef, WW Pasta, Tomatoes, Spinach, Black Olives & Feta Cheese) -Black Bean & Corn Salad (1 cup) -100% Juice
30 **Baked Fish Fillet** -French Baked Potatoes -Garden Salad -Balsamic Vinaigrette -Creamy Coleslaw -Strawberries ADSD#6	31 **Burger Stew** -Brown Rice -Broccoli -Cornbread -Tropical Fruit Cup ADSD#143			**When available, Smart Balance will be served with bread/rolls** **Condiments provided if available**