

# Month August 2019

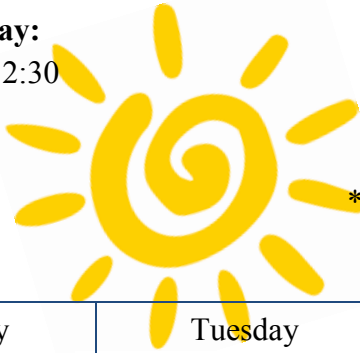
# Dayton Senior Center

# Menu

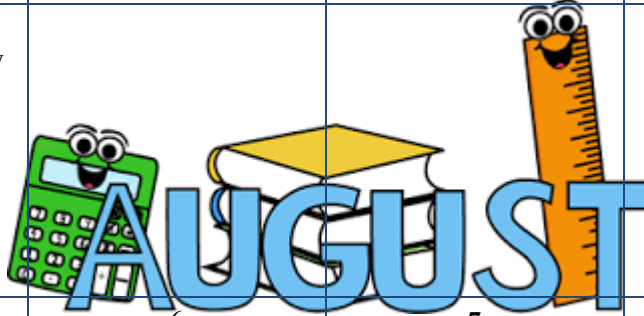
**Monday-Friday:**  
Lunch 11:30-12:30

Monday– Friday 8:00 - 4:30  
Manager: Stephanie Wolf  
www.lyon-county.org

320 Old Dayton Valley Rd  
Dayton, NV 89403  
775-246-6210



**\*\* Menu Subject to Change\*\***



Monday	Tuesday	Wednesday	Thursday	Friday
1/2 Pint 2 % Milk Served Daily			<b>1</b> <b>Italian Beef Bake</b> Peas and Carrots Spinach Salad FF Frozen Van. Strawberry Yogurt ADSD # 152	<b>2</b> <b>Baked Fish</b> Capri Blend Vegetable Coleslaw Seasoned Lima Beans WW Roll Margarine Tartar Sauce Pears
<b>5</b> <b>Baked Fish</b> Coleslaw Stewed Tomatoes WW Bread Margarine Banana Apple Crisp	<b>6</b> <b>BBQ Chicken</b> Baked Acorn Squash Cucumbers in Sour Cream Biscuit Honey Chantilly Fruit Cup ADSD #72	<b>7</b> <b>Chili Cheese Baked Potato</b> Steamed Carrots WW Banana Muffin FF Blueberry Yogurt Orange Banana Juice ADSD #37	<b>8</b> <b>Vegetable Soup w/Beans Chicken Salad Sandwich On WW Bread</b> Green Salad Dressing Mixed Fruit	<b>9</b> <b>Senior Center Closed</b> 
<b>12</b> <b>Pesto Chicken Florentine w/ Penne Pasta</b> Tossed Salad Creamy Italian Dressing Fresh Strawberries 7 Grain Bread Smart Balance Unsalted ADSD #182	<b>13</b> <b>Meatloaf</b> Mashed Potatoes Gravy Green Beans WW Roll Margarine Peaches	<b>14</b> <b>BBQ Chicken Burger</b> Baked Beans Lentil Salad W/ Carrots/ Tomatoes and Bell Peppers Pineapple Chunks ADSD # 150	<b>15</b> <b>Tuna Fish Casserole</b> Colorful Salad FFLS Dressing Mango Cubes WW Bread Smart Balance ADSD # 177	<b>16</b> <i>Birthday Lunch</i> <b>Hawaiian Chicken Teriyaki w/ Grilled Pineapple Jicama Salsa</b> Pineapple Coleslaw Macaroni Salad w/ Shrimp Stir Fry Veggies Hawaiian Sweet Roll
<b>19</b> <b>Cilantro Lime Chicken Soft Taco</b> Fiesta Rice Refried Beans Salsa and Sour Cream Green Salad LF Ranch Dressing Pineapple	<b>20</b> <b>Baked Fish Fillet</b> Creamy Coleslaw French Baked Potato Garden Salad Balsamic Vinaigrette Strawberries ADSD # 6	<b>21</b> <b>Burger Stew</b> Brown Rice Steamed Broccoli Cornbread Tropical Fruit Cup ADSD # 143	<b>22</b> <b>Split Pea Soup Ham and Swiss Sandwich on WW Bread</b> Lettuce and Tomato Salad Tater Tots Mandarin Oranges	<b>23</b> <b>Sloppy Joe on WW Bun</b> Tater Tots Zucchini Pears W Jell-O Cookies
<b>26</b> <b>Chicken Fried Steak</b> Mashed Potatoes Gravy Capri Blend Vegetable WW Bread Margarine Apricots OJ	<b>27</b> <b>Fried Rice with Almonds Mini Chicken Egg Roll</b> Orange Spinach Salad Cranberry Apple Dessert ADSD # 172	<b>28</b> <b>Grilled Chicken Tostadas w/Refried Beans, Cheese, Sour Cream, Salsa</b> Black Bean and Corn Salad Mixed Fresh Fruit Cup Cranberry Juice	<b>29</b> <b>Minestrone Soup Grilled Cheese Sandwich</b> Sliced Tomato Chopped Romaine LF LS French Dressing Fresh Kiwi ADSD # 36	<b>30</b> <b>Crab Pasta Salad with Peas, Bell Peppers, and Olives on a bed of lettuce</b> Tomato, Cucumber, Onion Salad WW Crackers V-8, OJ