



Dayton Senior Center

Monday– Friday 8:00 - 4:30
 Supervisor: Bob Hastings
 320 Old Dayton Valley Road
 775-246-6210
 www.lyon-county.org

Menu April 2021

Monday-Friday:

Lunch 11:30-12:30

** Menu Subject to Change**

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pint 2 % Milk Served Daily			1 BBQ Chicken Roasted Vegetables Broccoli Salad Cracked Wheat Bread Smart Balance Unsalted Strawberries ADSD # 156	2 Lemon Baked Fish II Peas Brown Rice Cracked Wheat Bread Tossed Salad Creamy Italian Dressing Grapes ADSD # 161
5 Beef Tacos (2) Ranch Style Beans Mexicorn Tropical Fruit Cup ADSD # 55	6 Tuna Sandwich on WW Bread Tomato Slices LF Potato Chips Pickled Beets Apple Jell-O Salad	7 Cheeseburger Skillet Tossed Salad Balsamic Vinaigrette WW Dinner Roll Fruit Cocktail Unsweetened Ice Tea ADSD # 153	8 Creamy Paprika Chicken California Blend Vegetables Seasoned Lima Beans WW Roll Margarine Pears	9 Black Bean Soup Chicken Salad Sandwich Cucumbers in Sour Cream Tropical Fruit Cup
12 Swiss Steak Baked Potato with Sour Cream/Chives Herbed Vegetable Medley WW Roll Applesauce ADSD # 44	13 Brunch for Lunch Biscuits & Gravy Ground Pork Scrambled Eggs Hash Browns Fresh Orange V8	14 Roma Burger Romaine Lettuce Baked Beans Corn on the Cob Cantaloupe Ketchup FF Mayo ADSD # 92	15 CELEBRATING AMERICA'S PASTIME ***** Chili Dog on a Bun Cheese Nachos Broccoli Salad Soft Pretzel Mini Churros 	16 Fish Sandwich on WW Bun Cabbage Slaw 3-Bean Salad Banana
19 Beef Stir Fry Steamed Brown Rice Beet Salad Mandarin Orange ADSD # 23	20 Spaghetti/Meat Sauce California Blend Vegetable Garden Salad Dressing WW Roll Margarine OJ	21 Cheeze-it Breaded Chicken Seasoned Lima Beans Rice Pilaf Cucumber/Tomato Salad Fresh Apple	22 Baked Fish Coleslaw Capri Blend Vegetables WW Bread Margarine Fruit Cobbler	23 Shepherds Pie Fresh Spinach LS Italian Dressing Apricot Bran Muffin Banana ADSD # 29
26 Turkey Bean Burrito Corn Mixed Green Salad LF/LS French Dressing Mixed Fruit Cup ADSD #21	27 Italian Sausage and Tortellini Soup w/ White Beans Garden Vegetable Salad WW Croutons Italian Dressing Garlic Bread	28 Won Ton Soup Chinese Chicken Salad w/Nuts Fresh Orange Slices WW Bread Margarine	29 Baked Fish Fillet Creamy Coleslaw French Baked Potatoes Garden Salad Balsamic Vinaigrette Strawberries ADSD # 6	30 Sautéed Chicken w/ Mushrooms & Tomatoes Brown Rice WW Roll Banana