



# Yerington Senior Center

Monday– Friday 8:00 - 4:30  
 Supervisor: Susan Cottingham  
 117 Tilson Way  
 Yerington, NV 89447  
 www.lyon-county.org

**Menu April 2021**

**Monday-Friday:**

Lunch 11:30-12:30

Menu Subject to  
 Change\*\*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1 Pint 2 % Milk</b> <b>Served Daily</b></p>			<p><b>1</b> <b>Shepherds Pie</b> Fresh Spinach LS Italian Dressing Apricot Bran Muffin Banana ADSD # 29</p>	<p><b>2</b> <b>Lemon Baked Fish II</b> Peas Brown Rice Cracked Wheat Bread Tossed Salad Creamy Italian Dressing Grapes ADSD # 161</p>
<p><b>5</b> <b>Beef Tacos (2)</b> Ranch Style Beans Mexicorn Tropical Fruit Cup ADSD # 55</p>	<p><b>6</b> <b>Creamy Paprika Chicken</b> California Blend Vegetables Seasoned Lima Beans WW Roll Margarine Pears</p>	<p><b>7</b> <b>Cheeseburger Skillet</b> Tossed Salad Balsamic Vinaigrette WW Dinner Roll Fruit Cocktail Unsweetened Ice Tea ADSD # 153</p>	<p><b>8</b> <b>Open Faced Hot Beef Sandwich</b> Mashed Potatoes WW Bread Gravy Green Beans Pears Sherbet</p>	<p><b>9</b> <b>Black Bean Soup</b> Chicken Salad Sandwich Cucumbers in Sour Cream Tropical Fruit Cup</p>
<p><b>12</b> <b>Chicken in Orange Sauce</b> Mashed Potatoes Mixed Vegetable Garden Salad LS French Dressing 7 Grain Bread Peach Yogurt Peaches ADSD#103</p>	<p><b>13</b> <b>Brunch for Lunch Biscuits &amp; Gravy</b> Ground Pork Scrambled Eggs Hash Browns Fresh Orange V8</p>	<p><b>14</b> <b>Roma Burger</b> Romaine Lettuce Baked Beans Corn on the Cob Cantaloupe Ketchup FF Mayo ADSD # 92</p>	<p><b>15</b> <b>Chili Dog on a Bun</b> Cheese Nachos Broccoli Salad Soft Pretzel Mini Churros</p>	<p><b>16</b> <b>Fish Sandwich on WW Bun</b> Cabbage Slaw 3-Bean Salad Banana</p>
<p><b>19</b> <b>Beef Stir Fry</b> Steamed Brown Rice Beet Salad Mandarin Orange ADSD # 23</p>	<p><b>20</b> <b>Spaghetti/Meat Sauce</b> California Blend Vegetable Garden Salad Dressing WW Roll Margarine OJ</p>	<p><b>21</b> <b>Minestrone Soup Tuna Salad W Egg, Dill, and Red Onion</b> WW Pita Crackers</p>	<p><b>22</b> <b>BBQ Chicken</b> Roasted Vegetables Broccoli Salad Cracked Wheat Bread Smart Balance Unsalted Strawberries ADSD # 15</p>	<p><b>23</b> <b>Baked Fish</b> Coleslaw Capri Blend Vegetables WW Bread Margarine Fruit Cobbler</p>
<p><b>26</b> <b>Turkey Bean Burrito</b> Corn Mixed Green Salad LF/LS French Dressing Mixed Fruit Cup ADSD #21</p>	<p><b>27</b> <b>Italian Sausage and Tortellini Soup w/ White Beans</b> Garden Vegetable Salad WW Croutons Italian Dressing Garlic Bread</p>	<p><b>28</b> <b>Sloppy Joe/Bun</b> 3 Bean Salad Glazed Carrots Potato Salad Brownies</p>	<p><b>29</b> <b>Baked Fish Fillet</b> Creamy Coleslaw French Baked Potatoes Garden Salad Balsamic Vinaigrette Strawberries ADSD # 6</p>	<p><b>30</b> <b>Sauteed Chicken w/ Mushrooms &amp; Tomatoes</b> Brown Rice WW Roll Banana</p>